



# Dr. and Mrs. Guinea Pig Present The Only Guide You'll Ever Need to the Best Anti-Aging Treatments

*Terry Dubrow M.D. F.A.C.S., Heather Dubrow*

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Anti-aging has become a multi-billion dollar industry, but do you know which products, procedures or treatments are really going to help you look (and feel!) younger? Rest assured, the days of painful procedures that promised you the fountain of youth, cost a fortune, and then—surprise!--didn't work, are gone. There *are* treatments available that can halt, and in some cases, even reverse the aging process.

But how do you know what treatments are best for you? Which of the hippest, hottest, and newest are fabulously effective and which are nothing more than new-age snake oil? Let us be your guides. *Dr. and Mrs. Guinea Pig Present The Only Guide You'll Ever Need to the Best Anti-Aging Treatments* will outline all the best techniques and treatments, from the so-new-you-haven't-heard-of-them-yet to the tried-and-true; from the perfectly legal to the are-you-trying-to-get-me-arrested; from the simple to the outrageous; and from the cheapest drugstore creams to the most complicated surgeries. We will provide you with the information and research you need to create your own, unique anti-aging plan to look and feel your best – forever!

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