



Gluten-Free for Good: Simple, Wholesome Recipes Made from Scratch

Samantha Seneviratne

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No meal should be defined by what's not there. *Gluten-Free for Good* has 100 easy, healthful recipes that are so delicious you'll never miss the gluten.

Here are weeknight dishes you may have thought you'd never enjoy again—not without resorting to expensive packaged gluten-free foods that aren't as delicious or healthful as the real thing. These quick-cooking meals are for any time of day, all made from scratch without hard-to-digest processed additives like xanthan or guar gum. Recipes include:

Miso Shrimp with Snap Peas
Roast Chicken with Whole-Grain Sausage Stuffing
Leek and Carrot Brown Rice Risotto
White Pizza with Blistered Tomatoes
Spanish Tortilla
Parmesan Cheese Crackers
Loaded Oat Bars
Upside-Down Skillet Plum Cake
Carrot Cake with Coconut Cream Cheese Frosting
Blondie Bars

The best way to eat more of what you love is to cook real foods at home. With inspiring photographs and a simple pantry primer, *Gluten-Free for Good* shows how cooking gluten-free can be seamless, instinctive, and appealing.

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