



# **Moveable Feasts: From Ancient Rome to the 21st Century, the Incredible Journeys of the Food We Eat**

*Sarah Murray*

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Today the things we eat and drink have crossed oceans, continents, and even airspace before reaching the dinner table. The complex systems and technologies devised throughout the centuries to deliver our food supply reveal surprising things about politics, culture, economies--and our appetites. In Mumbai, India's chaotic commercial capital, men use local trains, bicycles, and their feet to transport more than 170,000 lunches a day from housewives to their husbands, with almost no mix-ups. Modern shipping containers allow companies to send frozen salmon to China, where it can be cheaply thawed, filleted, and refrozen, before traveling back to the United States where it's sold in supermarkets as fresh fish. *Moveable Feasts* takes a novel look at the economics, logistics, and environmental impact of food, and brings new perspective to debates about where we get our meals.

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