



# **Fearless Adult Coloring Book: Hide God's Word In Your Heart Through Prayer, Meditation and Art Therapy (Behold Christ in Color) (Volume 2)**

*Ali Dent*

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## **Fearless Adult Coloring Book: Hide God's Word In Your Heart Through Prayer, Meditation and Art Therapy (Behold Christ in Color) (Volume 2) Ali Dent**

How would your life change if God rescued you from fear? The Fearless Adult Coloring book begins with a short vignette about the author's personal battle with fear and how God rescued her to a fearless life in His presence. The pages that follow include: • Space to write your fear to courage story • Bible verses for meditation • Space to journal or doodle your insights • Designs to color while you meditate and relax The Behold Christ in Color series provides a retreat from your busy life to pray, respond, memorize, journal and express yourself in color as you meditate on what it means to live fearlessly in God's presence our great source of courage. Unleash your God-given creativity as you color, pray, meditate, reflect, and respond to God with thanksgiving. Behold Christ and find courage to face you fears in the presence of God. Author and designer Ali Dent creates art for the believer desiring intimacy with God! Whimsical and non fussy designs are combined with scripture to offer relaxation and stress-relieving peace through prayer, meditation and art therapy. Unload your concerns in prayer, meditation on God's love, power, comfort and courage. The single sided drawings make it simple to tear out and hang around your house for a constant reminder of the Truth. Tear a page out for a friend either as a blank page for her to destress through prayer and art therapy or spend time praying for a friend or family member while you color the design. When you're finsihed pass your creation on to the person you prayed for as an encouragent. This volume features beautiful designs, scriptures and space to record your thoughts while you meditate on the Word in an 8.5 x 11 soft cover binding.

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