



More Skinny Slow Cooker Recipes: 75 More Delicious Recipes Under 300, 400 & 500 Calories

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#1 Amazon Best Selling Author

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Welcome to More Skinny Slow Cooker Recipes: 75 More Delicious Recipes Under 300, 400 & 500 Calories From The No.1 Best Selling Amazon Author of The Skinny Slow Cooker Recipe Book. This new collection of recipes compliments the hugely successful 'The Skinny Slow Cooker Recipe Book' also by CookNation which became a No.1 Amazon best seller with its collection of skinny, low calorie slow cooker dishes for those wishing to maintain a balanced, healthy diet.

Recipes include:

Melting Beef Topside & Spinach

Lentil Beef Meatballs & Rice

Garlic & Lamb Stew

Cider Pork & Beans

Black Eyed Bean & Sausage Casserole

Paprika Pork Goulash

Highland Venison Stew

Beef & Stout Stew

Red Wine Chicken & Grapes

Lemon Chicken & Noodles

Harissa Chicken

Roasted Garlic Chicken

Thai Chicken

Teryaki Chicken

Chicken & Pineapple

Creamy Haddock & New Potatoes

Fresh Herb Fish Stew

Spicy Ginger Fish

Lemongrass Fish & Noodles

Garam Masala Prawns

Vegetables & Cashew Nuts

Shredded Red Cabbage In Pomegranate Juice

Caramelised Ginger Sweet Potatoes

Spiced Cauliflower & Veg

Mexican Onions & Kidney Beans

Chang Dal

Basil Pesto Linguini

Fig Stuffed Apples

Nutella Pears
Vanilla & Bananas
Rice Pudding

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Sam Richey:

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Katrina Hering:

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