



Simple Treats: A Wheat-Free, Dairy-Free Guide to Scrumptious Baked Goods

Ellen Abraham

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Simple Treats was created for those who are interested in making a change to nutritious, vegan, wheat-free, refined sugar-free goodies. Whether you have food allergies, food restrictions, or know someone who does, you are part of that change. These recipes are for the best-loved, tried-and-true creations of Ellen Abraham, founder of Simple Treats gourmet bakery on Cape Cod, Massachusetts. They are easy to follow, straight forward, and sinfully delicious!

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Beverly Hummell:

Spent a free time and energy to be fun activity to complete! A lot of people spent their down time with their family, or their very own friends. Usually they performing activity like watching television, about to beach, or picnic inside the park. They actually doing same thing every week. Do you feel it? Do you want to something different to fill your free time/ holiday? May be reading a book might be option to fill your free time/ holiday. The first thing that you ask may be what kinds of book that you should read. If you want to test look for book, may be the e-book untitled Simple Treats: A Wheat-Free, Dairy-Free Guide to Scrumptious Baked Goods can be great book to read. May be it might be best activity to you.

John Thornton:

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