



Temper Taming Tips: The College Student's Guide to Anger Intelligence(tm)

Neca C Smith

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Filled with tips, stories, exercises and activities, Temper Taming Tips: The College Student's Guide to Anger Intelligence(tm), is THE book for any college student dealing with the everyday frustrations of classes, relationships, financial aid, dorm life, parents and more! For college students, high school students or anyone wanting to tame their temper!

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