



The Fundamentals of Putting

Frank Thomas, Valerie Melvin

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“The Fundamentals of Putting” is one of the most-informative books about putting ever written for golfers. It is a straightforward, easy-to-read instructional book based on scientific principles and covers every aspect of putting, from the basic mechanics to green reading and mental control, as well as putter technology. The book presents three new putting concepts not previously understood by many instructors and allows readers to better understand the natural stroke and how the body wants to move, rather than how the mind — filled with conflicting “methods” and manipulated motions — tries to instruct the body to move. The foundation for “The Fundamentals of Putting” is the Certified Putting Instructor (CPI) curriculum adopted and/or approved by seven PGAs around the world. This CPI program, initiated by and in partnership with the PGA of Great Britain and Ireland, fills a void in the educational requirements to become a PGA professional. A Board of advisors, 10 of which are internationally respected researchers with PhDs in various golf-related disciplines, supports this program.

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