



Afternoons with Puppy: Lessons for Life from a Therapist and His Animals (New direction in the human-animal bond)

Aubrey H. Fine, Cynthia J. Eisen

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Afternoons with Puppy is a heartwarming account of dynamic relationships and outcomes involving a therapist, his therapy animals, and his patients, gathered from almost two decades of ongoing practice. It is a narrative of Dr. Aubrey H. Fine's experiences and his growing respect for the power of the animals' effects on his patients and himself. Fine observes that healing is rarely, if ever, accomplished in isolation. There is always a reaching out and a connection at the heart of the therapeutic enterprise. *Afternoons with Puppy* reveals the ways in which people's bonds with animals centers their beings. Interacting with an animal, as simple as having a puppy in your lap gnawing on your thumb, strips away the unimportant and provides the neutral, primal ground on which healing and new growth can take place. *Afternoons with Puppy* is an emotional journey that will continue long after the last page.

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