



# Connected Parenting: Set Loving Limits and Build Strong Bonds with Your Child for Life

*Jennifer Kolari*

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**Connected Parenting: Set Loving Limits and Build Strong Bonds with Your Child for Life** Jennifer Kolari

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**A groundbreaking, counterintuitive parenting approach to create deep, empathic bonds with challenging children**

A child and family therapist for more than twenty years, Jennifer Kolari began her career working with children who suffer from severe behavioral problems. That experience taught her an invaluable lesson: It wasn't "tough" discipline that helped these kids change their behavior and build self-esteem. It was unending compassion and empathy. Now Kolari applies these lessons in her work with all families, teaching them how to take a non-defensive stance through even the most heated moments. Filled with heartfelt advice, *Connected Parenting* helps parents:

- set limits and change problem behaviors for good
- lower the child's anxiety level
- stop the endless battles over homework, routines, food, and more
- learn how to keep cool in any situation

Powerful and inspiring, *Connected Parenting* includes incredible stories from families who have experienced miraculous transformations- often in just a few weeks-using Kolari's parenting approach. It is a dynamic blueprint for bringing peace and loving connections into any family for life.

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