



De-Fanging The Snake: A Guide To Modern Arnis Disarms

Dan Anderson

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De-fanging The Snake - A Guide To Modern Arnis Disarms is the first book on Modern Arnis written in the West. Prof. Dan Anderson has broken down over 80 different disarms using the single stick, double stick, stick & dagger as well as disarm reversals. This book has over 200 pages and is fully illustrated with over 800 photos. This is the first of Prof. Anderson's "Modern Arnis encyclopedia" series.

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