



Natural, Alternative & Complementary Health Care Practices, 1e

Roxana Huebscher PhD FNPC HNC CMT, Pamela A. Shuler DNSc CFNP RN

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Section One is organized by body system. Each chapter contains therapeutic applications or interventions related to the categories in Section Two. This section also includes a discussion of quality and practical issues that conventional health care providers may encounter.

Section Two presents categories that are the framework for NAC therapies and provides a brief overview for understanding NAC modalities from an organized perspective. The reader is referred to references and websites for information on modalities including cautions, contraindications, side effects, and specific credentialing and regulation of practitioners.

- Includes unique 2-part organization: the chapters in the first part are listed by body system and focus on interventions and extensively cross-reference the second part, which is a reference section on each of the common NAC therapies
- Outlines Natural, Alternative, & Complementary therapies for common outpatient conditions.
- Includes Shuler's Nurse Practitioner Practice Model for problem-focused holistic assessment.
- Follows format for NAC categories of the National Center for Complementary and Alternative Medicine (NCCAM).

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