



# **IDM Supervision: An Integrated Developmental Model for Supervising Counselors and Therapists**

*Cal D. Stoltenberg, Brian McNeill, Ursula Delworth*

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*An impressive work. The level system the authors use . . . provides a unique, comprehensive model of supervision that I highly recommend. This book is not a survey of supervision models and practices, but is an in-depth approach to supervision that can guide research teaching practice across professional roles and disciplines.*

-- Carlton E. Munson, editor, *The Clinical Supervisor*

In *IDM Supervision*, the authors expand on the widely-praised Integrated Developmental Model (IDM) of supervision—a proven, adaptable model for supervising therapists at all levels of experience across disciplines and therapeutic orientations. This completely revised and updated edition is based on the authors' most current research. It outlines specific approaches, interventions, and techniques most appropriate for each stage of the three levels of development across the overriding structures: Self and Other Awareness, Motivation, and Autonomy.

*IDM Supervision* reveals how to apply the developmental theory through every step of the supervision process and offers illustrative case material. The authors give supervisors guidance for creating an environment that encourages continued growth, and include essential information on setting-up sessions and forming initial assessments of competence. They also explore how issues of diversity can affect the supervisory relationship and offer a thoughtful analysis of the ethical and legal issues that inform the supervision process in clinical settings.

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