



# Promises, Promises: Essays on Psychoanalysis and Literature

*Adam Phillips*

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# Promises, Promises: Essays on Psychoanalysis and Literature

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As an essayist, Adam Phillips combines the best of two worlds: the mastery of psychotherapy as a practitioner and a theorist-and a reputation as one of the best literary writers around. In this collection of essays, he brings the two gifts to bear upon each other, reaching far beyond the borders of psychoanalytic discourse into art, novels, poetry, and history to speculate on the relative merits of psychoanalysis and literature. In his quirky, epigrammatic style, Phillips shows us how psychoanalysis and literature at their best share the goal of shedding light on human character, the most fascinating of disorders.

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