



Finding the Right Treatment: Modern and Alternative Medicine: A Comprehensive Reference Guide That Will Help You Get the Best of Both Worlds

Jacqueline Krohn, Frances A. Taylor

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With 30 percent new material on various ailments and their treatments, this edition of Finding the Right Treatment directly fulfills the need for a balanced discussion on current conventional and alternative medicines, protocols, and treatments. This comprehensive reference guide provides an in-depth look at diet, exercise, lifestyle choices, drug therapy, and other alternative approaches. Listing conventional and alternative remedies, therapies, and preventive measures side by side, it gives readers tools to make informed healthcare choices. This book is also an excellent reference to both common and life-threatening illnesses. As Dr. Krohn explains, “We are not advocating abandoning either modern medicine or alternative medicine but selecting the best from both disciplines.”

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