



# Mas Oyama: The Legend, the Legacy

*Michael J. Lorden*

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## **Mas Oyama: The Legend, the Legacy** Michael J. Lorden

The kyokushinkai karate of Mas Oyama is widely practiced and well respected. Mas Oyama's exploits in the art of karate are the stuff of legend. He killed a bull with his bare hands. He fought 100 men in a single day. Over the course of a year, he accepted 270 challenges. He fought boxers, wrestlers, bouncers and anyone who was willing. His dynamic feats of board and brick breaking were so amazing that he was nicknamed "Godhand." His Kyokushinkai Karate Organization has enjoyed a membership of millions. This book presents the life and exploits of Mas Oyama, including his formative years, his training, his accomplishments and the private aspects of the man himself.

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