



The Foot Doctor: Lifetime Relief for Your Aching Feet

Glenn Copeland, Stan Solomon

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Glenn Copeland, podiatrist for the Toronto Blue Jays baseball team, sees patients with a wide range of foot problems. Here he shares his considerable expertise, to give you a complete book of foot care. Chapter include: the anatomy of the foot; the biomechanics of the foot & lower leg; the bunion & other big-toe abnormalities; hammer toes & corns; problems of the front of the foot; calluses & warts; disorders of the rearfoot; dermatological foot problems; right on the nail; systematic disorders; children's feet: starting off on the right foot; for want of a shoe that fits; & athletes' feet. A complete, well-illustrated book!

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