



# Classical Acupuncture: The Standard Textbook

*Manfred Porkert, et al*

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## **Classical Acupuncture: The Standard Textbook** Manfred Porkert, et al

The text begins with an explanation of the basic premises of acumoxa therapy: yin and yang, the five evolutive phases and a brief history. The second chapter presents a detailed explanation of diagnosis by inspection, olfaction and auscultation, interrogation and palpation. Radial pulse palpation is examined in detail as are the eight guiding criteria, the six excesses, the seven emotions, and the neutral agents of disease. Further chapters introduce functional categories for the foramina (acupoints) and conduits. The fifth chapter systematically describes the pathologies of each of the orbs-hepatic, felleal, cardinals, and conduits-including original "iconograms," illustrations of conduits wherein icons visually inform readers of a former association, for example, with the "Water Conjuncture" or "Fire Effusory." A large section explicates the classical foramina, conduit by conduit. For each is given a normative name, an English name, Pinyin and Wade-Giles transliterations, Chinese, and alphanumeric. The English name is explained and the position, special qualifications, effects of stimulation, symptoms and indications, and combinations are succinctly detailed. Location and treatment by acupuncture and moxibustion is described with particular distinction between classical and modern insertion depths.

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