



You're It: How to enjoy a SUCCESSFUL life through creative attitudes

Kay Slesinger Rich

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The road to a successful life starts from within. The way to happiness, love, fame and fortune begins in your own heart. We've all heard this before. But knowing the first step does not necessarily teach us about the journey ahead. How do we stay true to our path and how do we overcome obstacles? In You're It, Kay Slesinger Rich offers the reader a road map to success, revealing glimpses of her own scars and triumphs along the way. Through simple exercises, you will learn how to fully unleash your potential, how to self-talk your way to success and how to correct your course when needed. You will discover easy ways to maximize your time and focus your efforts on key priorities, always staying true to yourself and your heart. You're It is your key to a successful life. Editorial reviews "Kay Slesinger has hit the mark with You're It... it's a road map and survival kit well worth taking with you on your road to success." -Shad Helmstetter, PhD Author and nationally known speaker "In You're It, Kay Slesinger offers a terrific plan for personal and professional success in our changing world. Her insight and experience add credibility to the mass of useful knowledge she freely shares with her readers." —Nido Qubein, Chairman Creative Services, Inc. Internationally known author, speaker and trainer "You'll find chuckles and you may find misty eyes or a lump in your throat as you read You're It. You'll also find a lively lady who has overcome real adversity. Best of all, she'll share how to make creative attitudes part of your own life." —Barbara Heckart Communications assistant, Xenia City Schools "Kay Slesinger is a fountain of human energy pouring forth to all. She beams with a warmth evidencing empathy and friendliness. She can make a person glow through her recognition of their importance. She has time for everyone—and every cause. Wanting people to believe in themselves and feel right with the world, she encourages innovation and good motives. She recognizes and sees the good in people and brings it to the surface, thereby subliminally exhorting them to believe in themselves. In her book, You're It, she shares her own inner peace and love for living in harmony. Feel good about yourself' is her constant theme." —F. Leonard Holihan Executive director, Beavercreek Chamber of Commerce Colonel, USAF (retired)



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