



1-2-3 Magic Teen: Communicate, Connect, and Guide Your Teen to Adulthood

Thomas Phelan

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Help your teens grow into the very best versions of themselves!

From rule-breaking and risk-taking to defensive communication and disrespect, parenting a teenager can feel like modern warfare--but it doesn't have to be that way. In *1-2-3 Magic Teen*, internationally renowned parenting expert Thomas W. Phelan explains how to better understand your teenager, which problems are not worth fighting over, and why your child's behavior likely matches the definition of a normal adolescent! With helpful, straightforward advice backed up by research and parent-tested strategies, *1-2-3 Magic Teen* will help you establish a calmer, more respectful home and family life and show you how to guide your teenager into healthy, functional young adulthood.

- **Learn the Language:** Communicate with open and engaging language, and listen to your teenager the right way.
- **Establish Expectations:** Learn how to set limits while still encouraging independent decision-making and helping your child develop their emotional intelligence.
- **Stay in Touch:** Allow your teen to open up to you in more meaningful and inclusive ways through four simple connection building strategies.'
- **Take Care of Yourself:** Take time to maintain your own emotional well-being to avoid allowing your own anxieties and stresses to influence your children

You'll also find tools and advice tailored for the challenges of a teen lifestyle, including:

- Forgetting to do chores
- Absence in family outings
- Drop in grades
- Missed curfews
- Parties and drinking
- Work responsibilities

The author of the million-copy parenting bestseller *1-2-3 Magic* applies his time-tested, trusted advice in this straightforward, encouraging guide that walks parents through the ups and downs of teen life, allowing them to help their kids gain confidence and push toward independence.

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The event that you get from 1-2-3 Magic Teen: Communicate, Connect, and Guide Your Teen to Adulthood will be the more deep you excavating the information that hide into the words the more you get interested in reading it. It doesn't mean that this book is hard to recognise but 1-2-3 Magic Teen: Communicate, Connect, and Guide Your Teen to Adulthood giving you enjoyment feeling of reading. The author conveys their point in a number of way that can be understood by simply anyone who read the item because the author of this publication is well-known enough. This kind of book also makes your own personal vocabulary increase well. So it is easy to understand then can go together with you, both in printed or e-book style are available. We suggest you for having this specific 1-2-3 Magic Teen: Communicate, Connect, and Guide Your Teen to Adulthood instantly.

Thomas Gonzalez:

In this time globalization it is important to someone to get information. The information will make anyone to understand the condition of the world. The fitness of the world makes the information much easier to share. You can find a lot of referrals to get information example: internet, paper, book, and soon. You can see that now, a lot of publisher which print many kinds of book. The actual book that recommended to you personally is 1-2-3 Magic Teen: Communicate, Connect, and Guide Your Teen to Adulthood this reserve consist a lot of the information with the condition of this world now. This kind of book was represented so why is the world has grown up. The terminology styles that writer value to explain it is easy to understand. Typically the writer made some research when he makes this book. That is why this book suitable all of you.

Sue Joseph:

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