



# Cook Quality Meals in Quantity and Save Time and Money

*W. C. Green*

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## **Cook Quality Meals in Quantity and Save Time and Money** W. C. Green

My wife and I both work. Having kids, it's hard to cook every day, especially healthy meals. This book is for people who have to cook, and those who don't but want to eat good and healthy home cooking while saving money. With these large portions, most of what you make you can freeze for those day's you can't cook.

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