



Hope's Edge: The Next Diet for a Small Planet

Frances Moore Lappe, Anna Lappe

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The author of the classic *Diet for a Small Planet* and her daughter travel the world, discovering practical visionaries who are making a difference in world hunger, sometimes one village at a time.

Thirty years ago Frances Moore Lappé started a revolution in the way Americans think about food and hunger. Now Frances and her daughter, Anna, pick up where *Diet for a Small Planet* left off. Together, they set out on an around-the-world journey to explore the greatest challenges we face at the new millennium. Traveling to Asia, Africa, Latin America, and Europe, they discovered answers to the most urgent issue of our time: Whether we are able to transcend today's consumerism and the isolation of "me-first" capitalism and find the paths that each of us can follow to heal our lives and the planet. Featuring nearly seventy recipes from celebrated vegetarian culinary pioneers-including Alice Waters, Mollie Katzen, Laurel Robertson, Nora Pouillon, and Anna Thomas-Hope's Edge highlights true trailblazers engaged in social, environmental, and economic transformations.

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