



The Fourth Trimester: And You Thought Labor Was Hard...

Amy Einhorn

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The thank-you note real moms in the Fourth Trimester would like to send:

Dear _____ :

Thanks for sending us _____. I'm sure _____ will love it as soon as _____ can do anything besides eat, sleep, cry, and run up the stock price on Pampers. Having recently entered the Fourth Trimester, right now my goals in life are to sleep more than three hours and shower before 7:00 p.m. So please excuse this impersonal note.

I'd love for you to come over and see _____. But no helpful hints, no critiquing of the fact that I

- (1) breast-feed without a cover-up;
- (2) do not breast-feed and use formula;
- (3) allow my child to use a pacifier;
- (4) use a Swyngo-matic to hypnotize my child into a state eerily similar to an Ecstasy trip.

Do not tell me that _____ looks cute. I know that _____ looks like a cross between E.T. and Yoda. And no comments about my figure. I am not Cindy Crawford and, yes, those are maternity clothes I'm still wearing.

Bring rain gear and you'll be well prepared for the nonstop torrent of liquid escaping from _____ and me. Can't wait to see you -- of course, these days I'm even looking forward to having my mom and mother-in-law visit. I'll take whatever adult company I can get.

Love and kisses from me and the pumpkin!

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From reader reviews:

Stephan Stephens:

Book is to be different for every single grade. Book for children right up until adult are different content. As you may know that book is very important usually. The book *The Fourth Trimester: And You Thought Labor Was Hard...* had been making you to know about other know-how and of course you can take more information. It doesn't matter what advantages for you. The book *The Fourth Trimester: And You Thought Labor Was Hard...* is not only giving you a lot more new information but also for being your friend when you really feel bored. You can spend your own personal spend time to read your publication. Try to make relationship with the book *The Fourth Trimester: And You Thought Labor Was Hard...* You never feel lose out for everything if you read some books.

Edgar Hightower:

The Fourth Trimester: And You Thought Labor Was Hard... can be one of your beginner books that are good idea. Most of us recommend that straight away because this book has good vocabulary which could increase your knowledge in terminology, easy to understand, bit entertaining however delivering the information. The writer giving his/her effort to get every word into pleasure arrangement in writing *The Fourth Trimester: And You Thought Labor Was Hard...* but doesn't forget the main level, giving the reader the hottest and also based confirm resource data that maybe you can be considered one of it. This great information may drawn you into fresh stage of crucial considering.

Joseph Alderete:

Reading a book being new life style in this 12 months; every people loves to read a book. When you study a book you can get a wide range of benefit. When you read guides, you can improve your knowledge, because book has a lot of information on it. The information that you will get depend on what kinds of book that you have read. If you want to get information about your review, you can read education books, but if you act like you want to entertain yourself you can read a fiction books, this sort of us novel, comics, and soon. *The Fourth Trimester: And You Thought Labor Was Hard...* will give you a new experience in reading through a book.

John Harrison:

Is it a person who having spare time subsequently spend it whole day simply by watching television programs or just telling lies on the bed? Do you need something totally new? This *The Fourth Trimester: And You Thought Labor Was Hard...* can be the reply, oh how comes? The new book you know. You are so out of date, spending your time by reading in this new era is common not a nerd activity. So what these ebooks have than the others?

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