



Gardening: Step by Step Guide to Growing Produce At Home

Peter Lauren

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Unlock the secrets to success with gardening, and reap the benefits of having fresh, healthy produce whenever it suits you; Now with a BONUS Chapter on Germinating and Transplanting! Become an expert in organic, urban, and vegetable gardening and hydroponics with this easy step by step guide to having fresh food at your fingertips no matter your skill level or environment. Food security is increasingly becoming a challenge due to explosive population growth, rapid urbanization and severe negative climate change. This has made food to become more and more expensive over time; foodstuffs take up almost 1/3 of average household budget. Lack of food, or unhealthy conditions resulting from poor quality end up chewing another significant portion household budget as a result of medical bills incurred in counteracting this unfortunate occurrence. It is no secret that our poor diet is contributing to obesity and many other unhealthy conditions including stress, depression, diabetes and a host of nutritional deficiency disorders such as rickets, scurvy, pellagra, anemia, among others. You don't have to become or remain food insecure simply because you lack soil garden where you can plant your crops. You also need not the fear the dirt that comes from soil-based gardens hindering you from securing your food source. You can grow your food right within your home – even within your house! Hydroponic gardening is the new modern farming miracle. Hydroponic gardening ensures that you have regular and secure supply of vegetables, fruits and lovely herbs unhindered by seasonal fluctuations, poor weather conditions and erratic market dynamics. It also boosts your skills, creativity and making you physically active. Hydroponic gardens are some of the most beautiful gardens to have in your home. You can drastically improve the outlook of your environment through hydroponic gardening. Just as the site of an aquarium in your house is breathtaking so it is the site of plants in your home. Take the time to better yourself and buy this book! Read Now for Free using Amazon's Kindle Cloud Reader Here's what you can expect to find in this book... Getting Started Selecting the Right Types of Plants for Your Hydroponic Garden Laying out Your Hydroponic Infrastructure Selecting the Most Appropriate Grow Medium for You Germinating Seeds Transplanting the Seedlings Managing Growth of Your Plants Harvesting, Packaging, Storing, Consuming and Marketing Your Fresh Produce Tips and Tricks Fitting All the Pieces Together And Much More! Don't Wait! Scroll up and click the Buy button to take the steps towards improving your life and health with an ever fresh supply of food by getting this book, On Sale for a limited time for only \$5.99!

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