



# LIFEMAP Productivity & Life Planner 2017

*Jennifer Sparks*

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## **LIFEMAP Productivity & Life Planner 2017** Jennifer Sparks

(This is a black and white version of the planner; this version will also be available in spiral binding soon!)

**ARE YOU READY FOR 2017 TO BE YOUR BEST YEAR YET?** This is NOT just a planner. It is a productivity and life coaching program all in one! Your purchase of The LIFEMAP Productivity and Life Planner includes access to a companion resource library of videos, audios, resources and downloads that will support you in planning and creating your best year yet!

**OPTIONS - Colour/B&W and SPIRAL BINDING/SOFT COVER.** This planner is/will be available on Amazon in spiral binding or traditional softcover binding and in full colour or black and white. Please make sure you are purchasing the one you love and want! There are also four different cover designs.

**PLANNER DESIGN LIKE NOTHING YOU HAVE EVER SEEN.** The design of this planner is different than your ordinary scheduling planner. Embedded into the design of the LIFEMAP are proven tools and strategies that will increase your productivity, motivation, focus and success. Jennifer brings her experience as a life & mindset coach, personal trainer, Ironman triathlete, and teacher to this planner to make sure the structure supports the development of your personal vision and your success. Visit [www.thelifemapplanner.com](http://www.thelifemapplanner.com) website to watch the video about the planner!

**YOU ARE SUPPORTED!** \*Companion resources can be found in the Members Area of both the website ([www.thelifemapplanner.com](http://www.thelifemapplanner.com)) and on-the-go through the **Happy Life App by Jennifer Sparks** (register to receive your access code – details in the planner). The App is available for iOS and Android devices.

\*Complete the BIG 5 Clarity Activities so you begin your planning with a fresh perspective and a clear idea of your needs, wants and desires.

\*Annual, Quarterly and Daily Planning with support resources to help you nail down the big picture and the tiny details.

\*Monthly Catalyst Questions to encourage you to continue your personal development journey. Videos and worksheets in the Members Area will guide you through this process. \*Facebook Group for Community  
DAILY PAGE DESIGN includes:

\*Time scheduling runs from 5 am – 10 pm in 30-minute slots M-S and on Sunday scheduling runs from 5 am – 10 pm in hour slots.

\*Sunday is also the Day of Alignment (DOA) where space and instruction is provided to review your week, pull lessons, tweak your approach and plan for the next week with confidence and vision.

**Each daily planning page contains the following components:** BLISSBASE Check-In for wellness, Habit Stacking (am/pm) to assist in creating new routines based on your goals and desires, Morning “Me” Minutes for intentional living, Easy Wins to create momentum and motivation, and Magic 6 for priority setting. Space is also set-aside for your Gratitude Practice four times per week.

## **ADDITIONAL PERKS**

\*Motivational, inspiring and thought provoking quotes are found throughout the journal.

\*Blank pages for Notes, Connections, Reflections and Sticky Note Parking Lots

\*Virtual Workshops will be held throughout the year if you are interested in setting aside the time to work online with other like-minded people and Jennifer as you move through the process of using the LIFEMAP and all its tools to your greatest advantage. See the website for details.

\*A community Facebook Group is also provided. ARE YOU READY? START TODAY!

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Now a day folks who Living in the era exactly where everything reachable by connect with the internet and the resources within it can be true or not need people to be aware of each facts they get. How people have to be smart in receiving any information nowadays? Of course the solution is reading a book. Reading a book can help persons out of this uncertainty Information mainly this LIFEMAP Productivity & Life Planner 2017 book because this book offers you rich details and knowledge. Of course the information in this book hundred percent guarantees there is no doubt in it you may already know.

#### **Mary Case:**

Playing with family inside a park, coming to see the coastal world or hanging out with good friends is thing that usually you may have done when you have spare time, and then why you don't try point that really opposite from that. One activity that make you not sensation tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of knowledge. Even you love LIFEMAP Productivity & Life Planner 2017, it is possible to enjoy both. It is very good combination right, you still wish to miss it? What kind of hangout type is it? Oh can occur its mind hangout guys. What? Still don't buy it, oh come on its referred to as reading friends.

#### **Michael Becker:**

The book untitled LIFEMAP Productivity & Life Planner 2017 contain a lot of information on that. The writer explains the girl idea with easy approach. The language is very clear and understandable all the people, so do not really worry, you can easy to read this. The book was published by famous author. The author brings you in the new time of literary works. You can actually read this book because you can read more your smart phone, or device, so you can read the book throughout anywhere and anytime. If you want to buy the e-book, you can open their official web-site along with order it. Have a nice learn.

#### **Chad Steinberger:**

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